

## CURRICULUM VITAE

**Kate Roberts, Ph.D.**

### PERSONAL INFORMATION

**Place of Birth:** New York  
**Home Address:** 10 Lowe Hill Rd.  
Essex, MA 01929  
**Business Address:** 266 Essex St.  
Salem, MA 01970  
205 Willow St.  
Hamilton, MA 01982  
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### EDUCATION

May 1992 Ph.D. in Clinical Psychology  
Department of Psychology, **University of Rhode Island**  
Kingston, RI 02881 (APA Accredited)

May 1990 M.A. in Clinical Psychology  
Department of Psychology, **University of Rhode Island**

May 1985 B.A. in Psychology, Cum Laude  
**Boston University**, Boston, MA

May 1981 The Millbrook School, Millbrook, New York

### PROFESSION

Licensed Psychologist in Massachusetts, Rhode Island, New Hampshire  
Certified School Psychologist in Massachusetts

### EXPERTISE

Parent Coaching  
Cognitive Behavioral Therapy for Children and Adults  
Neuropsychological Assessment

## **CLINICAL and SCHOOL EXPERIENCE**

- Feb 2003-present                   **Private Practice**, Salem, Danvers MA  
Private practice with counseling services for adults, children and families, psychological assessment and school based consultation
- Sept.2005-present                   **Manchester-Essex Regional School District**, Manchester, MA  
.5 Psychologist/Team Chairperson. Manchester Memorial Elementary School and Manchester Essex Regional Middle School, Provide Psychological assessment, administration of special education services, staff and parent consultation
- April 2002-June 2005               **Salem Public Schools**, Salem, MA  
Psychologist/Coordinator. Psychological assessment of elementary and middle school students; administration of special education services; staff and parent consultation
- Oct. 1993-July 2000               **Emma Pendleton Bradley Hospital**, East Providence, RI  
Staff Psychologist for Child and Adolescent Program; Program Director, Adventure Therapy Program; Project STABLE. Responsibilities of program development, psychological assessment, individual, group and family therapy, staff supervision
- Sept. 1999-July 2000               **Project Return, Providence School System**, RI  
Provide teacher consultation to teachers working with high risk youth who are returning from out of district placements
- Sept. 1998- July 2000               **Caritas, Inc**, Pawtucket, RI  
Provide individual and group psychotherapy to adults and adolescent substance abusers; consultation and supervision to program staff
- Dec. 1997-July 2000               **Kids, Inc, Providence Police Department**, Providence, RI  
Provide mental health and teacher consultation to Kids, Inc, School for high-risk middle school youth. Responsible for program coordination and supervising five staff
- Sept. 1996-July 2000               **Pawtucket School District**, Pawtucket, RI  
Provide teacher consultation, clinical evaluations, and counseling to elementary through high schools age students
- Oct. 1993-Oct. 1995               **Emma Pendleton Bradley Hospital**, East Providence, RI

Postdoctoral Child Fellowship with psychological consultation to child and adolescent inpatient unit, including comprehensive psychological assessment, and providing individual and group psychotherapy

Oct. 1993-June 1995

**Northern Rhode Island Community Mental Health Center & Burrillville School District, Burrillville, RI**

Psychological consultation to school districts for children all ages including teacher consultation, program development, adventure based counseling, individual, family, and group therapy

July 1991-July 1992

**Brown University Psychology Internship, Providence, RI**

APA Approved Clinical Internship with rotations: PTSD in Vietnam veterans and their families, and PTSD in sexually abused males and females; inpatient psychiatry at Butler Hospital; and consultation-liaison psychiatry. Provided outpatient treatment to substance abusers, sexual offenders and eating disorder patients

Sept 1988-Sept 1990

**Psychological Consultation Center, URI, Kingston, RI**

Psychotherapist in training. Provided outpatient cognitive/behavioral, family systems, and psychodynamically oriented psychotherapy to adults, children, and families. Presenting problems: depression, anxiety, substance abuse, marital dysfunction, and attention deficit disorder.

**RESEARCH EXPERIENCE**

Sept. 1990-1992

**Dissertation Research:** "The relationship between post traumatic stress disorder in Vietnam veterans and family functioning, as mediated by marital functioning: A structural model"

Sept. 1988-May 1990

**Master's Thesis:** "Impact of post traumatic stress disorder on Vietnam veteran marital dyads".

**PROGRAM DEVELOPMENT**

Sept. 1998-August 2000

**Project Stable.** Developed home and community based services for high risk adolescents who are at risk for hospitalization

Oct.1995 – August 2000      **Adventure Therapy Program (ATP)**. Developed ATP at Bradley Hospital for adolescents with psychiatric disorders. Director of program including responsibilities of obtaining funding, planning curriculum, hiring and supervising staff, and providing clinical services to program participants, outreach to families, schools and communities and program evaluation

### **ACADEMIC APPOINTMENT**

Jan. 1996                              Clinical Assistant Professor of  
Psychiatry and Human Behavior  
Brown University School of Medicine

July 1997                              Group Psychotherapy Training  
Coordinator, Child and Adolescent  
Psychiatry, Brown University School  
of Medicine

### **PROFESSIONAL ORGANIZATIONS**

- American Group Psychotherapy Association
- American Psychological Association
- Association of Experiential Education

### **PUBLICATIONS**

Blake, D.D., Keane, T.M., Wine, P.R., Mora, C.A., Taylor, K.L., & Lyons, J.A. (1990). "Prevalence of PTSD symptoms in combat veterans seeking medical treatment". *Journal of Traumatic Stress*, 1, 150-155.

Keane, T.M., Fearbank, J.A., Zimbering, R.T., Caddel, J.M., Taylor, K.L., & Mora, C.A. (1989). "Studies in reliability of a measure to assess combat exposure". *Journal of Consulting and Clinical Psychology*, 1, 53-55.

Wolfe, J., Keane, T.M., Kaloupek, D.G., Mora, C.A., & Wine, P.R. (1993). "Patterns of positive readjustment in Vietnam Combat Veterans". *Journal of Traumatic Stress*, 6, 179-193.

Wolfe, J., Keane, T.M., Butters, M., & Mora, C.A. (1994). "Cognitive dysfunction in PTSD and depression", *Journal of Traumatic Stress*.

## **TELEVISION AND NEWSPAPER INTERVIEWS**

**NBC Local News, May 1997**  
*“Teens and Depression”*

**NBC Local News, May 1997**  
*“Parenting Teens”*

**CBS Local News, July 1998**  
*“Knockout Syndrome in Teens”*

**NBC Local News, July 1998**  
*“Knockout Syndrome in Teens”*

**NBC Local News, September 1998**  
*“What Parents Should Tell Their Children About President Clinton”*

**CBS Local News, November 1998**  
*“Teens Divorcing Their Parents”*

**Providence Journal, July 11, 1998**  
*“Teens Warned of Knockout Practice”*

**Associated Press, July 9, 1998**  
*“Knockout Syndrome in Teens”*

**Providence Journal, September, 12, 1998**  
*“Don’t Tell Children More Than They want to Hear”*

**Providence Journal, April 29 1999**  
*“Mental Health Advocates Say More Services Are Needed for Youth”*

**Providence Journal, June 20, 1999**  
*“Murder of a Best Friend”*

**Providence Journal, August 22, 1999**  
*“Police Program Mixes Fun of Camp with Dose of Discipline”*

**NBC Local News, February 29, 2000**  
*“Why would a six year old kill?”*

**CBS Local News, March 1, 2000**

*“Why would a six year old kill?”*

**NBC Local News, March 8, 2000**

*“Midday Doctor on Call”*

**GRANTS AND CONTRACTS**

July 1991	<b>Brown University Clinical Psychology Internship Research Stipend Award, Providence, RI</b> \$1,200 Research stipend to study eating disorder patients.
January, 1996	<b>\$5,000</b> Grant awarded by Bradley Hospital Golf Fundraising Committee to support “Adventure Therapy Program”
September, 1996	<b>\$20,000</b> Grant from Governor's Justice Commission to fund victims of violent crime [through Victims of Crime Act (VOCA)] to participate in "Adventure Therapy Program"
July, 1996	<b>\$4,000</b> individual patient Grants awarded by Local Coordinate Councils/Reach Rhode Island money to fund participation in "Adventure Therapy Program"
June, 1996	<b>\$12,000</b> Grant awarded by Lifespan to fund demonstration project "Adventure Therapy Program"
January, 1997	<b>\$5,000</b> Grant from Andrade/Faxon Foundation to support “Adventure Therapy Program”
January, 1997	<b>\$5,000</b> Grant from Bradley Hospital Golf Committee to support “Adventure Therapy Program”
March, 1997	<b>\$21,000</b> Grant from an anonymous donor to support “Adventure Therapy Program”
May, 1997	<b>\$2,500</b> Grant from Mental Health Association to support “Adventure Therapy Program”
September, 1997	<b>\$33,000</b> Grant from Governor’s Justice Commission to support “Adventure Therapy for at-risk Juveniles.”
November, 1997	<b>\$32,000</b> Grant from van Ameringen Foundation to support community-based treatment for high risk adolescents.



Principal, Manchester-Essex Regional Middle School

Jack Mara

Principal, Page School, Pentucket Regional School District

Charles Sorrentino, Ph.D.

Private Practice Licensed Psychologist, Salem, MA